



Pay in advance and  
£12.50 gets you 6 visits  
– that is 1 visit free!

### Benefits

- ✓ Free membership
- ✓ Reduced price food
- ✓ Toiletries and household essentials
- ✓ Cookery courses
- ✓ Volunteering
- ✓ Training

### Contact Us

Call in, email  
[info@healthymehealthycommunities.co.uk](mailto:info@healthymehealthycommunities.co.uk)  
or call 07910 879985

The Community Grocer Project is  
co-produced by Healthy Me Healthy  
Communities with local people,  
FareShare, One Manchester  
and many more partners:



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*Your local food project*

**The Place at Platt Lane,  
Platt Lane, M14 7FZ**

**OPEN FRIDAYS  
9:30AM - 12.00PM**



# Welcome to the Fallowfield Community Grocer Project

It is a community food-sharing membership project whereby for **£2.50** you can buy around **£12.00** worth of food, end of line toiletries and household essentials. Some additional items are available to buy too.



## Benefits

- ✓ £2.50 gets you around £12 worth of food
- ✓ End of line toiletries and household essentials
- ✓ A friendly face and a brew!

And throughout the year:

- ✓ Cookery courses and food bags
- ✓ Information stalls and partner services
- ✓ Training and volunteering opportunities

## So how does it work?

Membership is available to people living within walking distance (15 minutes) of the scheme.

Simply join for free at the scheme and usually you can start shopping when you register. If the scheme is full you will be placed on a waiting list so please give us a call to check.

Then pay your £2.50 and choose your items using our colour-coded guide.

## We have some rules too

- Maximum one visit per day
- You can stop your membership at any time

## How do we do it?

One of our main suppliers is the national charity FareShare. They collect surplus stock from supermarkets and manufacturers and redistribute it community projects like us.

We will never stock food that is past its 'sell by date'. We will from time to time stock items that are past 'best before' date and the date will be clearly labelled for you.

Also we stock a range of staples and household essentials both as part of your membership fee and at an extra small charge.

## Get involved

The Community Grocer Project is staffed solely by volunteers and we are always looking for new members to join the team. There are lots of roles including retail, cooking, marketing and finance. All volunteer roles come with training, mentoring and support. Ask today!

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