

# Supporting students at The East Manchester Academy

## What should I do if I am bullied or witness bullying?



Talk to someone you trust



Keep a record of what's happening



Don't retaliate



Surround yourself with people that make you feel good



Don't blame yourself - it is NOT your fault



Be proud of who you are

### Student Services

- Tell a member of the Student Services Team if you are worried for yourself or another student. **Its never too late to take action.**

### Form Tutor

- Use your form time sessions to raise any concerns that you have.
- Discuss why a zero tolerance approach is needed.
- Nobody is an outsider at The East Manchester Academy.
- Shape this year's national antibullying theme by visiting:
- School staff and other children's workforce professionals: <https://antibullyingalliance.typeform.com/to/BdGLa7>
- Children and young people: <https://antibullyingalliance.typeform.com/to/glhvcG>

### All Staff

- Call students out when hate crime and bullying language is used.
- Tell any member of staff if you are bullied or see another student being bullied, including online. If you can't tell a member of staff – tell a friend.
- You can also report things via Frog on your desktop.

Remember to respect other people! Just because someone is different to you and your friends – that doesn't mean you are better than them or have a right to make them feel bad. **If you mess up, say sorry.** You don't have to be friends with everyone – but you should always make it clear that you don't like it when people bully others, and stick up for people who are having a hard time.

### All staff



Academy Headteacher  
Ms Bowen



Deputy Headteacher & Designated Safeguarding Lead  
Mr Goddard  
d.goddard@temac.co.uk

Student Services Attendance & Safeguarding Lead  
Mrs Toke  
s.toke@temac.co.uk



### Form Tutors



Assistant Headteacher Behaviour & Attitudes  
Ms Watts

Student Services Director of Year  
e.g. Mr Moroney  
j.moroney@temac.co.uk



Student Services Safeguarding & Family Liaison  
Miss Buckley  
Miss Shannon



Assistant Headteacher Student Support & Community Partnerships  
Miss Lonsdale