

Welcome!

[illegible]

Session Objectives



- ✓ Understand what personal development is and its place in our curriculum at TEMA
- ✓ Explore how to keep your child safe online

What is personal development?



@TheOther16Hours

In PSHE, life itself is the exam.

10:30 · 25/08/2020 · [Twitter for iPhone](#)

4 Retweets and comments **17** Likes



What is personal development?



RESPECT

We show respect for all other people and recognise our common humanity.

EQUALITY

We ensure all members of our community are treated equitably.

AMBITION

We expect the best from ourselves. We have ambition and will not let ourselves be limited.

CARE

We show empathy and kindness to others.

HARD WORK

We are prepared to work hard to achieve our dreams.



Assembly Programme



**INTERNATIONAL
MENS DAY**
November 19



Overview



Personal Development Overview 2020/2021

Weeks	Term 1		Term 2		Term 3	
	7	7	6	6	6	7
	Community	Life Skills	National and Global Citizenship	Sex and Relationships Education	Careers and Employability	Mental and Physical Health
Year 7	<p>Students will understand what the skills of active listening, clear communication, negotiation and compromise are and develop them in light of the world of their community.</p> <p>Students will study how to recognise bullying, and its impact, in all its forms; the skills and strategies to manage being targeted or witnessing others being bullied.</p> <p>Students will understand the impact of stereotyping, prejudice and discrimination on individuals, relationships and the TEMA community.</p> <p>Students will recognise the unacceptability of prejudice-based language and behaviour, including sexism, homophobia, biphobia, transphobia, racism, ableism and faith-based prejudice in the TEMA community.</p> <p>Students will value the need to promote inclusion and to challenge discrimination, and how to do so safely in the TEMA community.</p> <p>Students will learn about different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them.</p> <p>Students will learn the roles and responsibilities of parents, carers and children in families and the</p>	<p>Students will study, organisational, research and presentation skills.</p> <p>Students will learn to review their strengths, interests, skills, qualities and values and how to develop them.</p> <p>Students will begin to set realistic yet ambitious targets and goals and understand how to measure them.</p> <p>Students will study strategies for maintaining personal hygiene, including oral health, and prevention of infection.</p> <p>Students will know the role of a balanced diet as part of a healthy lifestyle and the impact of unhealthy food choices.</p> <p>Students will know how to access health services when appropriate.</p> <p>Students will understand the risks and myths associated with female genital mutilation (FGM), its status as a criminal act and strategies to safely access support for themselves or others who may be at risk, or who have already been subject to FGM.</p>	<p>Students will explore what constitutes British Values.</p> <p>Students will examine the environment and gauge their responsibility towards its maintenance.</p> <p>Students will explore the causes homelessness and its impact on society.</p> <p>Students will think about and discuss the concept of globalisation and its effect upon culture.</p> <p>Students will understand the impact of development and globalisation upon the loss of our own cultural identities.</p> <p>Explore and unravel some of the positives and negatives of globalisation, thinking about the impact of monoculture upon communities and cultural identities.</p>	<p>Students will learn to clarify and develop personal values in friendships, love and sexual relationships.</p> <p>Students will understand the importance of trust in relationships and the behaviours that can undermine or build trust.</p> <p>Students will learn about strategies to manage the physical and mental changes that are a typical part of growing up, including puberty and menstrual wellbeing.</p>	<p>Students will learn about the skills and attributes that employers' value.</p> <p>Students will learn about the skills and qualities required to engage in enterprise.</p> <p>Students will recognise the importance and benefits of being a lifelong learner and understand their education is part of their bigger path.</p>	<p>Students will recognise that how we are all unique; learning to demonstrate their personal strengths and build self-confidence, self-esteem and good health and wellbeing.</p> <p>Students will learn to understand what can affect wellbeing and resilience (e.g. life changes, relationships, achievements and employment). Students will know about the importance of sleep and strategies to maintain good quality sleep.</p> <p>Students will recognise the impact that media and social media can have on how people think about themselves and express themselves, including regarding body image, physical and mental health.</p> <p>Students will learn simple strategies to help build resilience to negative opinions, judgements and comments.</p> <p>Students will begin to recognise and manage internal and external influences on decisions which affect health and wellbeing.</p>

Family Matters



Impact

We have conducted a student and parent survey to gauge the impact. The results of both indicate that summer school 2020 has helped to **improve** the children's transition by **reducing their anxieties** about starting in September and enabling some **excitement** about starting TEMA. The parental survey rated summer school as **4.77/5** and the student survey rated summer school as **4.67/5**.

How do you think your child felt about starting TEMA in September before summer school?

[More Details](#)



How do you think your child feels about starting TEMA in September after summer school?

[More Details](#)



How would you rate your child's experience at summer school?



Children have had very complimentary comments to make about their experiences for the week, a selection of which are shown below:

Thank you to everybody who have taken their time to teach us in summer school and thank you to the kitchen staff who have taken their time to cook our meals every day. I've had fun and learnt more about TEMA.

thank you.

I love this school jiles.

mr hosty and mr moroney are fun thank you.

thank you to everyone.

I would like to say thankyou to Mr Hostey and Mr Maroney for being very funny and making us laugh. Also for being very kind.

I think you so much.

Thank for making those hot lunches.

thank you for the fun lessons.

thank you for taking time out your holiday to make our food.

thank you taking time out of your week to help us understand the school a little bit more.

thank you for having me.

It has made me less worried about joining TEMA in September and it's been fun.

exciting and fun.

it was very very good to with my favorite teacher.

fun.

It has made more excited about joining tema in September.

amazing and fun.

an amazing.

Exciting and cool.

it's like primary in summer and you get to meet new friends and do fun activities.

I would describe my time as exciting and fun because the friends I have made are friendly.

really good nice teachers that make you feel welcome polite people and it is very exciting.

every one is very nice and every one will be new so it won't be difficult.

Summer school has also allowed us to gain additional insight into the perspectives of the children and tailor our induction for them as a result:

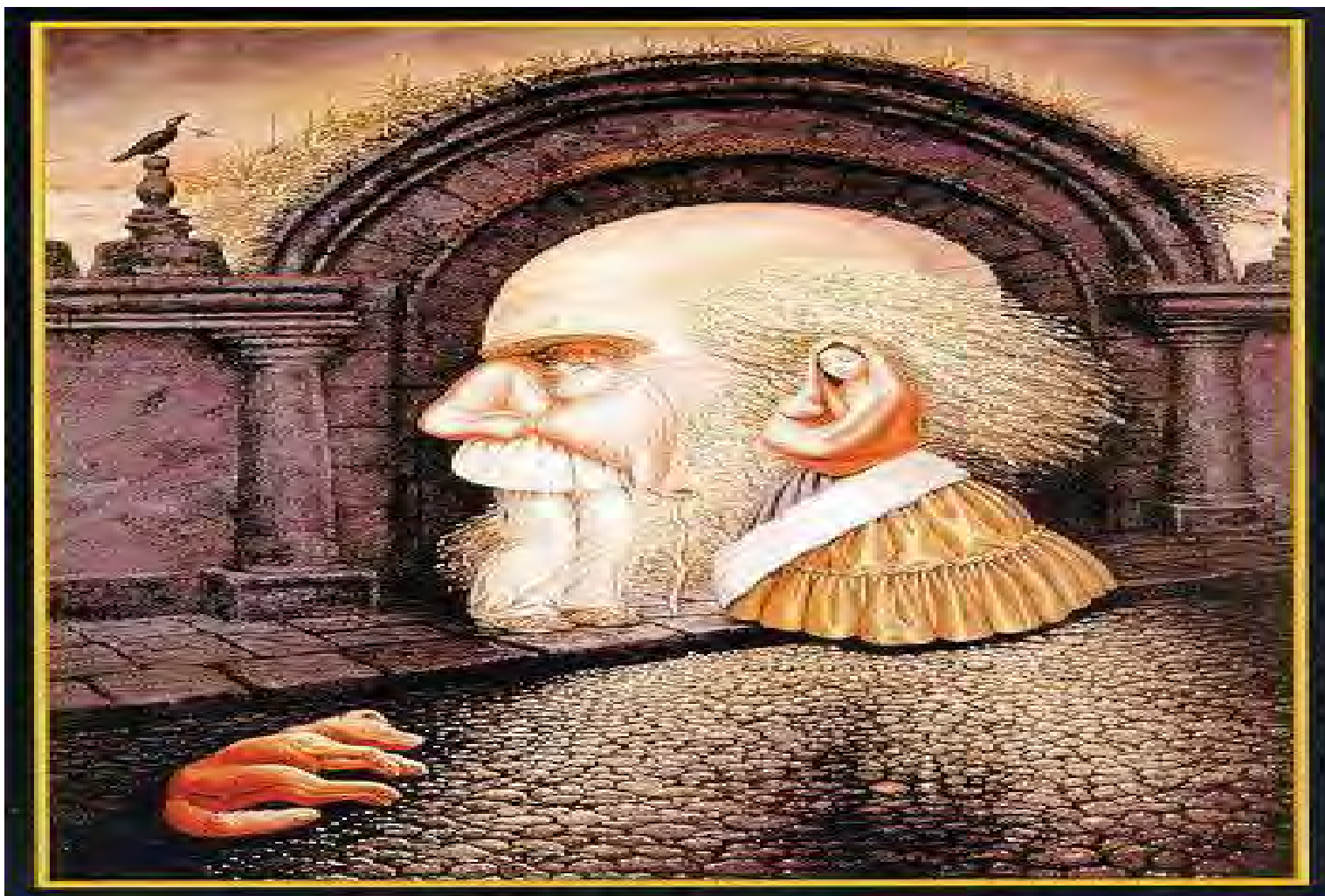
If you have any other questions you would like to ask, please write them below:

Latest Responses

"None."

"what are the school rules"

"if any food have nuts will they inform me because im allergic? to nut..."



Do you think everyone can
see the same?

What can you
see on the board?

How does this link to life
outside of the classroom?

Staying Safe Online

WHAT YOU NEED TO KNOW:

- 1** Online life is real life. Digital technology and the internet play a role in most aspects of all our lives, including relationships. Think of 'online', as another space where young people spend time, rather than a different world.
- 2** Young people's happiness is often linked to being connected to others. Technology helps young people to maintain their existing friendships and relationships, as well as build new ones.
- 3** Young people want to have positive conversations about their life online. They want the adults in their lives to talk about the opportunities, not just the risks, and for parents and carers to share their own experiences. Use our introduction to Asking The Awkward to start the conversation with your child.

CONVERSATION STARTERS

Do you see online and offline as different worlds?

In what ways does being online make life better for you?

How does being online help you feel connected to others?

"this internet world just seems to grab them into a different world"



It's good to talk!



Find a good time and place. Try to choose a good moment. Pick an opportunity when you know you're not going to be interrupted and you are both going to feel comfortable and have enough time – without turning it into one of those 'special talks' moments.

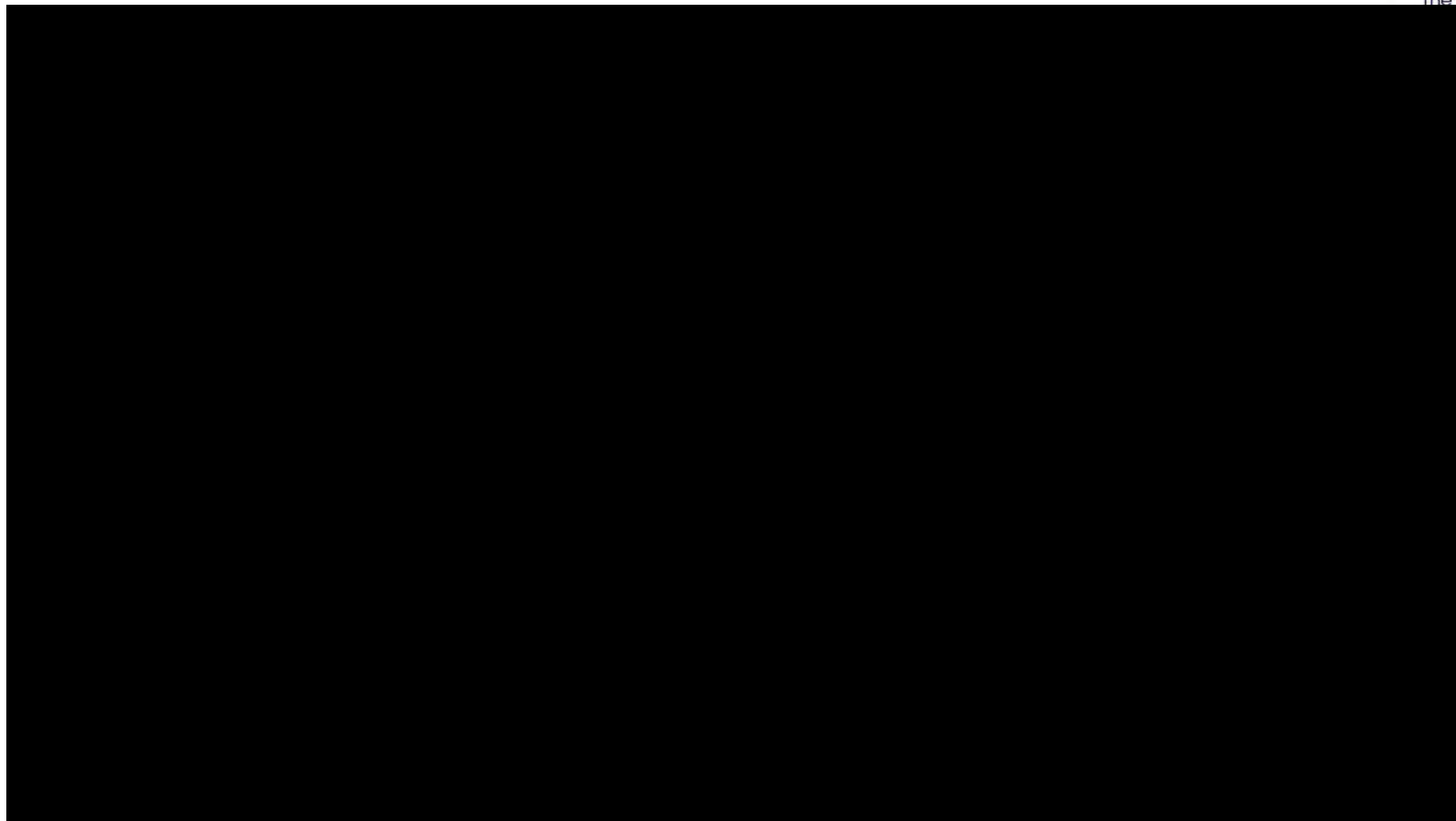
Think about how you are going to introduce the subject. You could mention a recent news story or just explain why you would like to talk to them about something. Try to be clear. It's no good having a difficult conversation if at the end of it they don't really understand what you wanted to talk to them about.

Explain to them why you are worried. Your child might think that you are getting worried for no good reason, but if you explain why something is troubling you they will understand why you want to talk to them. Tell them if it is something you've noticed in their behaviour or maybe something you have read about or seen their friends doing. Help them to understand your worries so that together you can work them out.

Let them talk. It's hard sometimes when a child doesn't want to open up. Asking them a question like 'how are things going' and remembering to give them time to answer will help. It's tempting to keep talking at them to fill the space – try not to.

Listen more than you talk. A conversation has to have two people in it. It's important you listen to them and that you explain you'd like them to listen to you. Talking at them is never going to work.

Be loving and supportive. The most difficult conversations can be made easier if your child understands that you care about them and whatever the outcome you will love them just as much.



You're never alone



If your child tells you something that worries you:

Take a break. If your child is telling you things that worry you it is really important to stay calm and not to react immediately. Let them tell you what's going on and then decide together how you're going to deal with it.

Get help together. If your child tells you something which means they could be in danger you must report this to the relevant organisations. Try to agree to do this together. Don't take over unless you think that is your only option.

Get support for yourself. Your focus is going to be on looking after your child but remember to look after yourself as well and get support from your family and friends. You can get further advice from [Thinkuknow](#), [Parent Zone](#) and [Parent Info](#), and there are [other organisations that can help you and your child](#).

Help is at...



Personal Development

Parental Handbook

Living in the Wider World

We will equip all students with the skills, abilities, attributes and qualifications to pursue a fulfilling career, contribute positively to their communities and be active, global citizens.



CEOP



This guide has been produced to guide you, as a parent, in navigating the online world with your child. The resources have been gathered from CEOP and their campaign to protect children in the online world.

CEOP is a law enforcement agency and are here to help keep children and young people safe from sexual abuse and grooming online. They help thousands of children and young people every year who have been in difficult situations in the online world and help to educate children so that these situations are prevented from happening through reliable knowledge and information. CEOP are unable to respond to reports about bullying, fake accounts or account hacking, however our academy staff can assist you and your child should you have any concerns.

CEOP work, together with us as a school, to make sure your child is safe.



The CEOP Thinkuknow website also has information and advice to help you to stay safe if something has happened online and some of that information has been reproduced here for you to use with your child in your home. This will support what they are learning in their personal development lessons at school.

TRANSITION (YEAR 6)

COVID19 UPDATES

FREE SCHOOL MEALS

FOOD BANK

 >  > [General](#) > Thoughts and Worries

Thoughts and Worries

This is an anonymous and confidential service which allows students, families and members of the public to voice any concerns they may have about issues like bullying, drugs, anti-social behaviour, weapons and hate crime at our school or in our local community.

Our aim is to enable us all to work together to make our learning community a safer place. This is a way to stop you or a friend or someone you have seen suffering from coming to further harm.

All reports are read and replied to if contact details are left. It would be good to be able to communicate with you so we can work together to resolve your concerns. **However, you don't have to leave your details if you wish to remain anonymous.**

Please do not use abusive words or bad language as we will not receive your message. Please remember that this is NOT an emergency service.

Contact Form

*this field is required



Also in [General](#)

- [Employers and Businesses](#)
- [Welcome to our New Website!](#)

More Sections

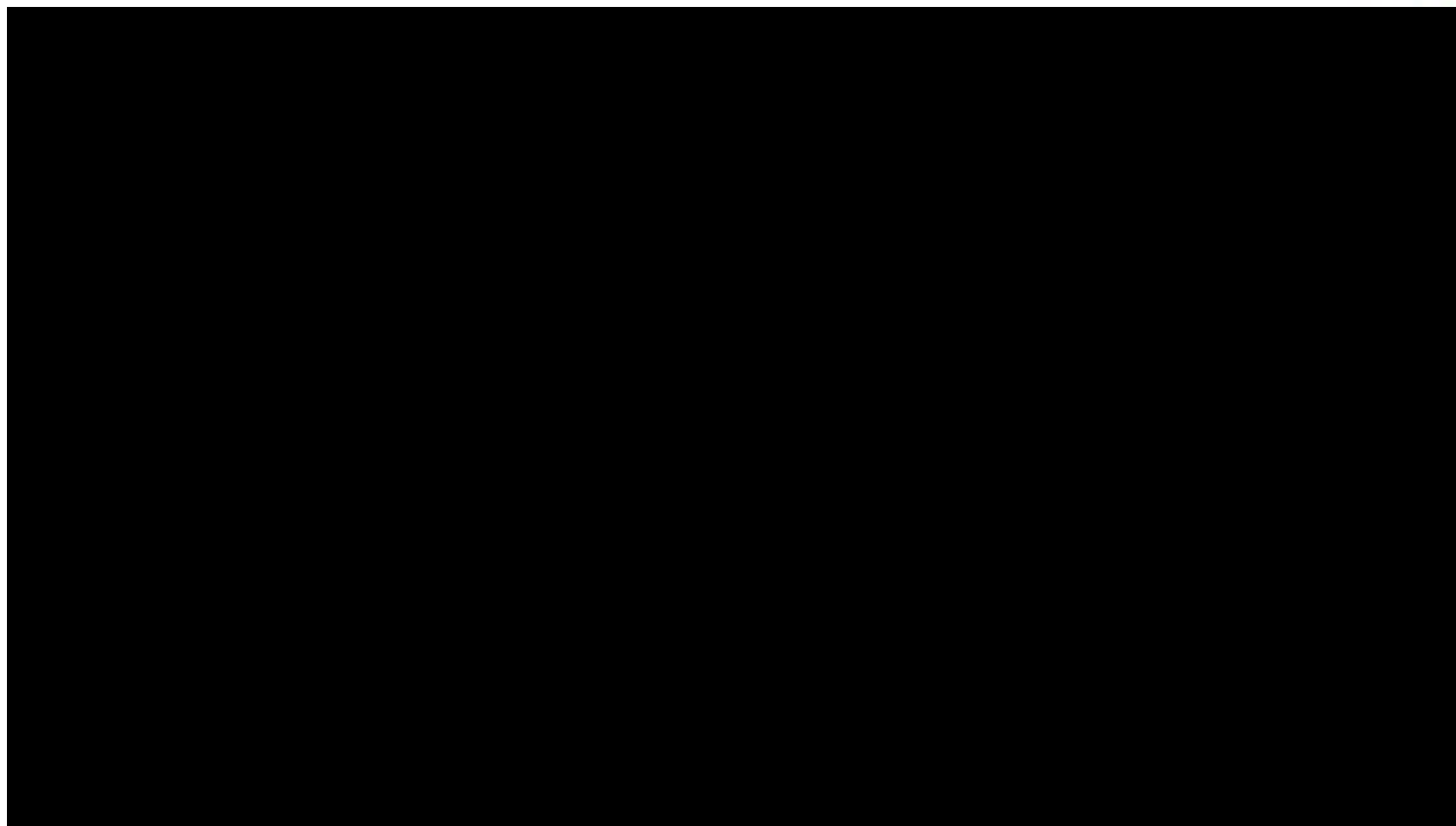
[About the Academy](#) [Curriculum](#) [Legal](#)
[Parents](#) [Performance](#)
[Personal Development](#) [School News](#)
[Transition](#)

Digital Parenting

🏠 > [eSafety](#) > Digital Parenting

If you search online for 'help, children, mobile, phones' you are swamped with sites, downloads, videos and advice that can all seem a bit over-whelming, but you don't need to be an expert to help your child online if you focus on a few key questions.







Value Review



RESPECT

We show respect for all other people and recognise our common humanity.

Why respect is important in our school?

How you've shown respect today?

The part of the lesson you think linked to respect the most?



Something great your partner has done to show respect?

Keywords: resilience, tenacity, optimism

Connectives: therefore, however, moreover

Literacy : full sentences, apostrophes, connectives

Challenge Question: Does Covid19 affect LICs more than HICs? Why or why not?

LO: examine and explore what personal development is and what has happened with Covid19?



Value Review



EQUALITY

We ensure all members of our community are treated equitably.

Why is equality important in our school?

How you've shown respect today?

Which part of the lesson you think linked to equality the most?

**Something great
your partner has
done to promote
equality?**



Keywords: resilience, tenacity, optimism

Connectives: therefore, however, moreover

Literacy : full sentences, apostrophes, connectives

Challenge Question: Does Covid19 affect LICs more than HICs? Why or why not?

LO: examine and explore what personal development is and what has happened with Covid19?

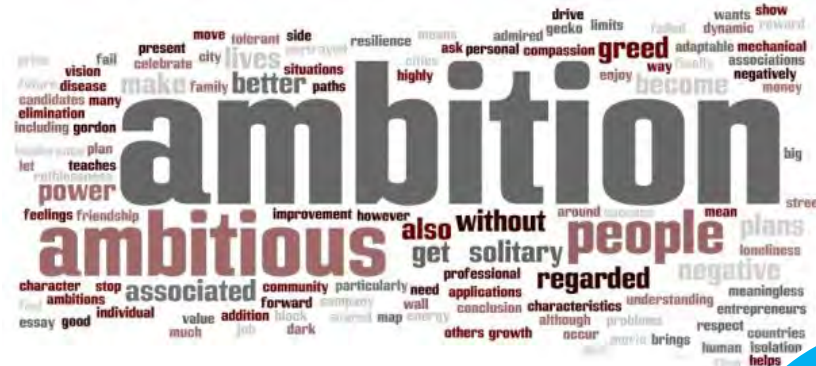


Why is ambition important in our school?

How you've shown ambition today?

Which part of the lesson you think linked to ambition the most?

**Something great
your partner has
done to
demonstrate
ambition?**



Literacy : full sentences, apostrophes, connectives

LO: examine and explore what personal development is and what has happened with Covid19?

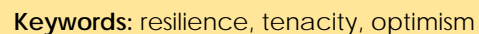


Why is care important in our school?

How you've shown care today?

Which part of the lesson you think linked to care the most?

**Something great
your partner has
done to
demonstrate care?**



Connectives: therefore, however, moreover

Literacy : full sentences, apostrophes, connectives

Challenge Question: Does Covid19 affect LICs more than HICs? Why or why not?

LO: examine and explore what personal development is and what has happened with Covid19?



Value Review



HARD WORK

We are prepared to work hard to achieve our dreams.

Why is hard work important in our school?

How you've shown hard work today?

Which part of the lesson you think linked to hard work the most?



Something great your partner has done which shows hard work?

Keywords: resilience, tenacity, optimism

Connectives: therefore, however, moreover

Literacy : full sentences, apostrophes, connectives

Challenge Question: Does Covid19 affect LICs more than HICs? Why or why not?

LO: examine and explore what personal development is and what has happened with Covid19?