

21 November 2023

Dear Parent/Guardian,

Our school is working with Upstream England to offer support and guidance for our students who need it the most.

Upstream England is an innovative approach to supporting children in school. For schools in Manchester, this is made up of three organisations: Beacon Counselling, Centrepont and Depaul UK, each possessing unique skills, knowledge and resources, tailored to the needs of the children they support.

Students at East Manchester Academy recently took part in a survey, designed to assess and understand their general wellbeing. From the results of this, Centrepont employees can identify those who might benefit from one to one support and they will provide this within the school.

Your child was one of the students identified in this survey and, with your permission, we would like to offer them this support. This would involve your child meeting with a member of the Centrepont team once a week within school hours, to discuss any barriers they might be facing, understand their challenges and aspirations and help set personal goals. Your child would have access to a variety of valuable resources and learning tools that can help strengthen their independence, develop their confidence and have a real positive impact on their personal development.

As part of this support students may also be referred to Beacon Counselling, specialising in mental health support and Depaul UK for their family support offer. In order to monitor their progress and ensure that the highest level of support is provided, personal data will be held by these three organisations, where relevant, in line with GDPR and data protection guidelines.

We highly recommend taking advantage of this opportunity.

**If you would like your child to receive this support please respond 'Yes' to this text message.**

Yours sincerely,

**Ms Longsdale**  
Assistant Headteacher